



Milwaukee County Senior Dining

MEALS ON WHEELS

JANUARY 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <div>Delivery Issues? Cancellation? PLEASE CALL 358-6527</div> </div>				<div>CLOSED</div>
4 Cheeseburger Whole Wheat Hamburger Bun Ketchup & Mustard Baked Beans Baby Cakes Sliced Peaches	5 BBQ Pulled Pork on Kaiser Roll Au Gratin Potatoes Cut Green Beans Apple Crisp ♥ Fresh Apple	6 Chicken Stroganoff Parsley-Buttered Noodles California Vegetable Blend Mixed Greens/Ranch Whole Wheat Bread Mandarin Oranges	7 Salisbury Steak Double-Baked Potato Casserole Brussels Sprouts 7-Grain Bread Smart-Grains M&M Cookie ♥ Fresh Orange	8 Glazed Ham Mashed Sweet Potatoes Sugar Snap Beans Rye Bread Pineapple Tidbits
11 Lasagna Cheese Roll-Up w/Meatsauce Parmesan Cheese 🍊 Orange Juice Baby Carrots Garlic Breadstick Lemon Pudding ♥ Lo-Cal Lemon Pudding	12 Chicken Leg/Thigh Mashed Red Potatoes w/Skins & Gravy Wisconsin Vegt Blend Parker House Roll Banana Cream Pie ♥ Banana	13 Polish Sausage Whole Wheat Bun Ketchup & Mustard Warm German Potato Salad Sunshine Carrots <i>(Orange & Yellow)</i> <i>Best Maid, Smart Grain</i> Chocolate Chip Cookie ♥ Apple	14 Boneless Pork Loin w/Gravy Warm Cabbage Slaw w/Cranberry & Walnut Baked Potato Sour Cream Multi-Grain Dinner Roll Fruit Cocktail	15 Meatloaf Onion Gravy Scalloped Potatoes Stewed Tomatoes w/Green Pepper, Onion Sourdough Bread Chocolate-Iced Brownie ♥ Fresh Pear
18 <div>CLOSED</div>	19 Smothered Chicken Leg/Thigh Candied Sweet Potato Green-Wax Bean Medley Cornbread Muffin Tropical Fruit Cup	20 Soft-Shell Taco Large Corn Tortilla Shredded Cheese Lettuce, Tomato Sour Cream Southwest-Style Corn Refried Beans Assorted Fresh Fruit	21 Old-Fashioned Beef Stew w/Celery, Onion, Peas, Carrots Mashed Potatoes Spinach Salad w/Raspberry Dressing Baking Powder Biscuit Warm Apple Slices w/Cinnamon	22 Roast Turkey Poultry Gravy Stuffing Riviera Vegt Blend Carrot-Raisin Salad Whole Grain Dinner Roll Banana Cake w/Chocolate Icing ♥ Banana
25 Cranberry Meatballs Roasted Red Potatoes Oriental Vegetable Blend Vienna Dinner Roll Snickerdoodle Cookie ♥ Fruit Cup	26 Sweet & Sour Pork Seasoned Brown Rice Maui Vegetable Blend Egg Roll Sweet/Sour Sauce Sliced Peaches	27 Chicken Marsala Whole-Grain Pasta w/Garlic Pesto Sauce Winter Vegetables Spring Mix/Dressing Italian Bread Pistachio Pudding ♥ Fresh Pear	28 Pub Burger/Onion Bun Fried Onions Double Baked Potato Casserole Green Beans Fresh Orange	29 Healthy Baked Fish Tartar Sauce Macaroni & Cheese Broccoli Creamy Coleslaw Rye Roll Sliced Pears